

"Life is like Soccer. You need Goals!"

-Unknown

Maleny Rangers Senior Women's Team Wants You!

Maleny Rangers Senior Women's team is looking for enthusiastic new players to join for the 2018 season. Must be aged 15 and older to take the field for matches, though can train at any age. Maleny Rangers Football club also field an under 13 and an Under 15 Female team for eager up and coming Senior Women's players.

What you need to know:

- All skill and fitness levels welcome;
- Training is at the Maleny Showgrounds twice a week (days and times being confirmed in the New Year);
- There will be a pre-season BBQ and general social kick around organized in the New Year;
- Games are played on a Friday night with kickoff usually being 6:30pm;
- Carpooling may be available; and
- There will be social events throughout the year (Bare Foot Bowls and Movie Nights).



Maleny Rangers Senior Women 2017

Benefits of Playing:

- Improves mental alertness and memory (concentration, perseverance, determination and self-discipline);
- Improves confidence and self-esteem helping relieve anxiety and stress;
- Improves leadership skills, work ethic and productivity;
- Promotes teamwork and builds friendships;
- Improves social interaction and communication; and
- Improves fitness and well-being while having fun.

Contact Details:

Annemette Markwort Senior Women's Team Manager Ph: 0400 703 588 (Call after 4:00pm or Text any time)

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